



Play Bridge

by Marion Hudson

No matter how young or how old you are, you can play bridge.

Recently this was proven to be true when Fred Dahlquist, 102, and Michael Lakner, 13, played duplicate bridge with other residents at CCMPA. Fred's partner was his son, Bill, and Michael played with his bridge teacher and mentor, Kathy Rolfe, a certified ACBL teacher. Fred and Michael are both very charming and enjoyable people. Michael said he has played party bridge for "many years" and just recently started playing duplicate bridge. He has played in several tournaments around the country. Fred has played for a long, long time and plays every Saturday with Bill, as well as Wednesday evenings.

This was an inspiring experience. It proved you are never too young or too old to play. Bridge is a strategic game that keeps your mind strong; you never stop learning the game. No matter how many hands you play, each one has its own strategy in playing it. It

sure beats pushing buttons on a TV or a mechanical game.

We deeply encourage people of all ages to play. Playing the game helps you to learn patience and understanding of other people. It helps you keep your mind strong and active.

Party bridge is played Monday afternoons at Sun Valley Clubhouse and Wednesday evening in the CCMPA. Duplicate bridge is played Tuesday and Saturday afternoons in the recreation room in the lower level of Valley View and Tuesday and Thursday evenings in the G/H Building Lounge.

Printed in Village Voice 8-27-2010